

## Effective Practice: A Shorter Road to Stronger Results!

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### MAP (Proposal)

1. **Definition-** What is practice?
  - Deliberate, creative process of improving musical ability and of mastering music for performance
  - Learn repertoire, enhance abilities, polish skills
  - An ART!
2. **Factors-** Factors to be considered
  - Environment, materials, distractions, serious versus casual
3. **Plan-** Developing a plan: establishing goals, creating a schedule, defining strategies
  - Martha Baker-Jordan- Realistic goals, strategies, suggestion sheets, practice lessons
  - Barry Green and W. Timothy Gallwey- Long, medium and short-range, this week's, today's and next week's goals
  - Gerald Klickstein- New, developing and performance material, technique, musicianship
4. **Process-** Process = practice: confidence vs. criticism, concentration, approach, assessment, recording
  - Boris Berman- How do I want it to sound? Does it sound the way I want? If not, what should I do to make it sound the way I want?
  - Joseph Hoffmann- On the piano with the music, away from the piano with the music, on the piano without the music, away from the piano without the music.
  - Gerald Klickstein- Ease, expressiveness, accuracy, rhythmic vitality, beautiful tone, focused attention, positive attitude
5. **Performance-** Few considerations: Why should they perform? Opportunities  
Robert Duke

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